



## Juvenile *Detention* Commission

### Northern Virginia Juvenile Detention Center

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August 20, 2024

Dear NVJDC,

We are writing to let you know that there is a Covid outbreak at Northern Virginia Juvenile Detention Center affecting staff and residents. That means three residents have tested positive, with one remaining active case among residents and six active cases among staff. We understand this news might be concerning and want to share our efforts to keep residents and staff safe and healthy.

Northern Virginia Juvenile Detention Center will remain open, and the residents with respiratory virus symptoms will continue to be monitored until they meet the criteria for returning to regular scheduled activities.

Symptoms of respiratory illness may include but are not limited to chest discomfort, chills, cough, decrease in appetite, diarrhea, fatigue (tiredness), fever or feeling feverish, headache, muscle or body aches, new loss of taste or smell, runny or stuffy nose, sneezing, sore throat, vomiting, weakness, wheezing.

If you develop symptoms of a respiratory virus:

- Stay home and away from others. will remain at home until, for at least 24, hours the following is true:
  - Your symptoms have improved **and**
  - You have been fever-free (without fever-reducing medication).
- Follow these instructions for other steps to reduce the risk of spreading illness to others.
- If you have risk factors for severe illness, contact a healthcare provider right away to see if treatment is an option for you. Treatment can make your symptoms less severe and shorten the time you are sick.
- Seek emergency medical care right away if you have any emergency warning signs (like trouble breathing or chest pain).
- Notify your supervisor.

Everyone can take prevention steps to reduce the risk of getting sick or spreading illness. This can include

- Staying up to date on vaccinations
- Washing hands often
- Taking steps for cleaner air
- Staying home when sick

If you have further questions, please contact the medical department.

Sincerely,

Johnitha R. McNair  
Executive Director